

1,000 – days since Russia launched its unprovoked invasion in Feb. 2022.

10 million – the decline in Ukraine’s population, about one quarter, since the start of the full-scale invasion as a result of refugees leaving, collapsing fertility, and war deaths.

22 – percentage of Ukrainian lands now occupied or politically integrated into Russia. Proportionally this would be as if the U.S. had lost Texas, California, Pennsylvania, Maryland, Virginia, New York Florida, Ohio and Colorado.

30,000 – minimum estimate of war-related amputees in Ukraine since 2022.

20,000 – Ukrainian children kidnapped and taken to Russia where they are given new names, nationalities, acculturated, and often put up for adoption.

700,000 – Russian soldiers killed, wounded, captured or missing since the full-scale invasion.

10 – people killed in Odesa city by a Russian strike in the middle of a sunny day yesterday.

8 – NATO countries still not meeting the 2% defense spending target set by the alliance in 2006. They are Belgium, Canada, Croatia, Italy, Luxembourg, Portugal, Slovenia, and Spain.

207,000 – kilometers driven by my fellow volunteer friend Andrei to deliver military supplies to front-line units.

62 – days left in the Biden administration.

88 – percentage of Ukrainians who answered “definitely yes” or “likely yes” in a recent international poll when asked if their country will win the war. This is a drop from the early days of the invasion, but impressive nonetheless.

13 – months since I started <www.inthetrenchesukraine.org>. You can still help by making a donation or sharing/posting the website!

I leave you with this breathtaking video of a pre-school teacher shooting down a Russian missile. She and countless other Ukrainians reject the notion that this war is lost.

<https://www.youtube.com/watch?v=MsK7ifRQmf8>

Chris

